



RESULTS

5000m Men - Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	12:35.36	Joshua CHEPTEGEI	UGA 24	Monaco (MON)	14 Aug 2020
World Leading WL	12:45.70	Birhanu BALEW	BRN 30	Bruxelles (BEL)	5 Sep 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

11 September 2026 20:36 START TIME 15° C 86 %
TEMPERATURE HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	224	Jakob INGEBRIGTSEN	NOR 19 Sep 00	8	12:59.24	SB
2	272	Cole HOCKER	USA 6 Jun 01	10	13:00.05	SB
3	290	Parker WOLFE	USA 27 Jul 03	11	13:00.13	
4	139	Biniam MEHARY	ETH 20 Dec 06	5	13:00.24	
5	291	Nico YOUNG	USA 27 Jul 02	4	13:00.26	
6	268	Grant FISHER	USA 22 Apr 97	7	13:00.34	
7	260	Graham BLANKS	USA 24 Apr 02	9	13:00.40	
8	105	Egide NTAKARUTIMANA	BDI 21 Oct 97	2	13:01.91	
9	104	Ky ROBINSON	AUS 27 Feb 02	6	13:04.09	
10	204	Jacob KROP	KEN 4 Jun 01	3	13:06.62	
11	202	Cornelius KEMBOI	KEN 29 Feb 00	1	13:07.68	
140		Addisu YIHUNE	ETH 17 Mar 03	12	DNF	

INTERMEDIATE TIMES

100 m 16.05 Parker WOLFE	200 m 33.61 Cornelius KEMBOI
300 m 49.79 Egide NTAKARUTIMANA	400 m 1:05.47 Egide NTAKARUTIMANA
500 m 1:21.26 Egide NTAKARUTIMANA	600 m 1:36.50 Egide NTAKARUTIMANA
700 m 1:52.07 Egide NTAKARUTIMANA	800 m 2:07.98 Egide NTAKARUTIMANA
900 m 2:23.95 Egide NTAKARUTIMANA	1000 m 2:39.77 Egide NTAKARUTIMANA
1100 m 2:55.51 Egide NTAKARUTIMANA	1200 m 3:11.21 Cornelius KEMBOI
1300 m 3:26.80 Cornelius KEMBOI	1400 m 3:42.23 Cornelius KEMBOI
1500 m 3:57.60 Cornelius KEMBOI	1600 m 4:12.86 Cornelius KEMBOI
1700 m 4:28.66 Cornelius KEMBOI	1800 m 4:44.24 Cornelius KEMBOI
1900 m 5:00.06 Cornelius KEMBOI	2000 m 5:15.93 Cornelius KEMBOI
2100 m 5:32.43 Cornelius KEMBOI	2200 m 5:48.65 Egide NTAKARUTIMANA
2300 m 6:05.08 Egide NTAKARUTIMANA	2400 m 6:20.71 Egide NTAKARUTIMANA
2500 m 6:36.93 Egide NTAKARUTIMANA	2600 m 6:53.91 Ky ROBINSON
2700 m 7:09.87 Ky ROBINSON	2800 m 7:26.15 Ky ROBINSON
2900 m 7:42.42 Ky ROBINSON	3000 m 7:58.94 Ky ROBINSON
3100 m 8:15.08 Ky ROBINSON	3200 m 8:30.65 Ky ROBINSON
3300 m 8:46.06 Biniam MEHARY	3400 m 9:01.48 Biniam MEHARY
3500 m 9:16.92 Biniam MEHARY	3600 m 9:32.21 Biniam MEHARY
3700 m 9:47.60 Biniam MEHARY	3800 m 10:02.69 Biniam MEHARY
3900 m 10:17.88 Biniam MEHARY	4000 m 10:33.25 Biniam MEHARY
4100 m 10:48.83 Ky ROBINSON	4200 m 11:04.34 Ky ROBINSON
4300 m 11:19.60 Ky ROBINSON	4400 m 11:34.67 Ky ROBINSON
4500 m 11:49.90 Ky ROBINSON	4600 m 12:04.63 Parker WOLFE
4700 m 12:19.13 Parker WOLFE	4800 m 12:32.98 Parker WOLFE
4900 m 12:46.62 Parker WOLFE	

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
12:35.36	Joshua CHEPTEGEI (UGA)	Monaco (MON)	14 Aug 20	12:45.70	Birhanu BALEW (BRN)	Bruxelles (BEL)	5 Sep
12:36.73	Hagos GEBRHIWET (ETH)	Oslo (NOR)	30 May 24	12:46.73	Egide NTAKARUTIMANA (BDI)	Bruxelles (BEL)	5 Sep
12:37.35	Kenenisa BEKELE (ETH)	Hengelo (NED)	31 May 04	12:47.29	Cornelius KEMBOI (KEN)	Bruxelles (BEL)	5 Sep
12:38.95	Yomif KEJELCHA (ETH)	Oslo (NOR)	30 May 24	12:47.62	Addisu YIHUNE (ETH)	Oslo (NOR)	10 Jun
12:39.36	Haile GEBRESELASSIE (ETH)	Helsinki (FIN)	13 Jun 98	12:47.78	Biniam MEHARY (ETH)	Bruxelles (BEL)	5 Sep
12:39.74	Daniel KOMEN (KEN)	Bruxelles (BEL)	22 Aug 97	12:47.98	Graham BLANKS (USA)	Bruxelles (BEL)	5 Sep
12:40.45	Berihu AREGAWI (ETH)	Lausanne (SUI)	30 Jun 23	12:48.12	Nico YOUNG (USA)	Bruxelles (BEL)	5 Sep
12:40.96	Jacob KIPLIMO (UGA)	Oslo (NOR)	30 May 24	12:48.61	Andreas ALMGREN (SWE)	Oslo (NOR)	10 Jun
12:42.70	Telahun Haile BEKELE (ETH)	Monaco (MON)	21 Jul 23	12:49.45	Parker WOLFE (USA)	Oslo (NOR)	10 Jun
12:43.02	Selemon BAREGA (ETH)	Bruxelles (BEL)	31 Aug 18	12:49.61	Grant FISHER (USA)	Oslo (NOR)	10 Jun